



**Preventing Unplanned Pregnancy and Completing College**  
**LESSON TWO STUDY GUIDE**

**Birth Control Methods Comparison Chart**

**Instructions:** Use the chart below to write down key information as you explore the different birth control methods. You can use Bedsider's [Method Explorer](#).

<b>Most Effective Methods that Prevent Pregnancy</b>					
<b>Method</b>	<b>Effectiveness</b> How many women (out of 100) <u>don't</u> get pregnant using this method?		<b>Cost</b>	<b>Advantages</b>	<b>Disadvantages</b>
<b>Abstinence</b> (Not right now)	With perfect use:				
<b>IUD</b>	With perfect use:	With typical use:			
<b>Implant</b>	With perfect use:	With typical use:			
<b>Sterilization</b>	With perfect use:	With typical use:			
<b>The Shot</b>	With perfect use:	With typical use:			
<b>The Pill</b>	With perfect use:	With typical use:			
<b>The Patch</b>	With perfect use:	With typical use:			
<b>The Ring</b>	With perfect use:	With typical use:			

### Less Effective Methods that Prevent Pregnancy

Method	Effectiveness How many women (out of 100) don't get pregnant using this method?		Cost	Advantages	Disadvantages
	With perfect use:	With typical use:			
Male Condom	With perfect use:	With typical use:			
Diaphragm	With perfect use:	With typical use:			
Cervical Cap	With perfect use:	With typical use:			
Sponge	With perfect use:	With typical use:			
Female Condom	With perfect use:	With typical use:			
Withdrawal	With perfect use:	With typical use:			
Fertility Awareness	With perfect use:	With typical use:			
Spermicide (used alone)	With perfect use:	With typical use:			

### Emergency Contraception is Also Available as a Back-Up

Identify the four different types of emergency contraception that are available.

	Emergency Contraception Name	Notes or Questions
1.		
2.		
3.		
4.		